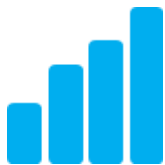




Housing is a social determinant of health

Social determinants of health are social and economic factors that influence health; they represent the conditions in which people are born, grow, work, live, and age. Housing is an important social determinant of health. The cost and quality of housing can impact a wide range of health outcomes and has a disproportionately negative impact among vulnerable populations. This document provides data on **housing cost burden** for all cities and towns in Massachusetts.



How do we assess the cost burden of housing?

Information on housing costs is collected through the American Community Survey (ACS), run by the US Census Bureau. The data tables in this document list Massachusetts cities and towns and show the percentage of households that are **cost burdened**. This means that **more than 30%** of household income is spent on housing. The data in this document is based on the most recently available ACS data (2012-2016 estimates). The tables show cost burden data for both renter-occupied and owner-occupied households:

Data source: US Census Bureau, 2012-2016 American Community Survey 5-Year Estimates: Table B25091 - Mortgage Status by Selected Monthly Owner Costs as a Percentage of Household Income in the Past 12 Months; Table B25070 - Gross Rent as a Percentage of Household Income in the Past 12 Months

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Abington	35%	40%
Acton	27%	38%
Acushnet	29%	38%
Adams	30%	42%
Agawam	31%	48%
Alford	29%	11%
Amesbury	34%	46%
Amherst	32%	62%
Andover	27%	38%
Aquinnah	45%	47%
Arlington	31%	36%
Ashburnham	41%	11%
Ashby	27%	41%
Ashfield	25%	33%
Ashland	30%	35%
Athol	27%	45%
Attleboro	31%	46%
Auburn	28%	51%
Avon	39%	43%
Ayer	28%	30%
Barnstable	40%	50%
Barre	28%	55%
Becket	29%	19%
Bedford	32%	49%
Belchertown	27%	55%
Bellingham	29%	47%
Belmont	31%	40%
Berkley	25%	16%
Berlin	32%	43%
Bernardston	34%	49%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Beverly	34%	43%
Billerica	29%	39%
Blackstone	32%	40%
Blandford	40%	10%
Bolton	29%	28%
Boston	38%	49%
Bourne	42%	37%
Boxborough	30%	24%
Boxford	29%	25%
Boylston	30%	26%
Braintree	29%	53%
Brewster	30%	44%
Bridgewater	28%	50%
Brimfield	31%	53%
Brockton	40%	54%
Brookfield	32%	11%
Brookline	34%	47%
Buckland	30%	29%
Burlington	34%	37%
Cambridge	34%	43%
Canton	35%	61%
Carlisle	34%	40%
Carver	38%	38%
Charlemont	34%	30%
Charlton	28%	39%
Chatham	31%	66%
Chelmsford	28%	42%
Chelsea	46%	48%
Cheshire	29%	28%
Chester	26%	42%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Chesterfield	30%	69%
Chicopee	28%	49%
Chilmark	49%	26%
Clarksburg	25%	32%
Clinton	33%	37%
Cohasset	40%	38%
Colrain	24%	41%
Concord	36%	44%
Conway	26%	44%
Cummington	31%	46%
Dalton	29%	49%
Danvers	31%	47%
Dartmouth	32%	42%
Dedham	33%	50%
Deerfield	30%	30%
Dennis	32%	64%
Dighton	32%	40%
Douglas	23%	38%
Dover	36%	58%
Dracut	31%	43%
Dudley	37%	42%
Dunstable	32%	66%
Duxbury	32%	35%
East Bridgewater	37%	46%
East Brookfield	22%	29%
East Longmeadow	28%	50%
Eastham	37%	47%
Easthampton	28%	40%
Easton	30%	49%
Edgartown	36%	45%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Egremont	39%	36%
Erving	25%	45%
Essex	36%	42%
Everett	45%	57%
Fairhaven	37%	41%
Fall River	34%	47%
Falmouth	35%	48%
Fitchburg	32%	52%
Florida	31%	3%
Foxborough	29%	47%
Framingham	32%	51%
Franklin	30%	32%
Freetown	35%	35%
Gardner	32%	42%
Georgetown	28%	49%
Gill	28%	43%
Gloucester	41%	44%
Goshen	26%	29%
Gosnold	50%	0%
Grafton	29%	33%
Granby	20%	69%
Granville	29%	30%
Great Barrington	33%	24%
Greenfield	35%	47%
Groton	33%	29%
Groveland	35%	31%
Hadley	33%	48%
Halifax	46%	14%
Hamilton	34%	40%
Hampden	28%	51%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Hancock	20%	4%
Hanover	37%	50%
Hanson	31%	49%
Hardwick	28%	66%
Harvard	26%	39%
Harwich	36%	35%
Hatfield	27%	41%
Haverhill	34%	54%
Hawley	30%	70%
Heath	40%	24%
Hingham	33%	61%
Hinsdale	22%	28%
Holbrook	34%	55%
Holden	30%	35%
Holland	29%	45%
Holliston	25%	40%
Holyoke	28%	49%
Hopedale	23%	28%
Hopkinton	25%	40%
Hubbardston	27%	51%
Hudson	32%	43%
Hull	38%	49%
Huntington	36%	52%
Ipswich	34%	48%
Kingston	33%	45%
Lakeville	29%	50%
Lancaster	29%	37%
Lanesborough	33%	23%
Lawrence	44%	57%
Lee	28%	42%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Leicester	31%	25%
Lenox	31%	41%
Leominster	32%	48%
Leverett	33%	29%
Lexington	31%	42%
Leyden	23%	11%
Lincoln	30%	59%
Littleton	28%	32%
Longmeadow	31%	60%
Lowell	36%	54%
Ludlow	24%	37%
Lunenburg	35%	42%
Lynn	37%	53%
Lynnfield	32%	63%
Malden	37%	51%
Manchester-by-the-Sea	35%	36%
Mansfield	25%	29%
Marblehead	34%	48%
Marion	37%	50%
Marlborough	36%	42%
Marshfield	37%	50%
Mashpee	40%	55%
Mattapoissett	31%	18%
Maynard	29%	44%
Medfield	31%	60%
Medford	36%	41%
Medway	35%	41%
Melrose	32%	38%
Mendon	31%	27%
Merrimac	37%	54%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Methuen	29%	48%
Middleborough	30%	52%
Middlefield	31%	0%
Middleton	39%	30%
Milford	31%	46%
Millbury	36%	52%
Millis	34%	52%
Millville	26%	57%
Milton	33%	49%
Monroe	52%	40%
Monson	26%	45%
Montague	33%	43%
Monterey	37%	54%
Montgomery	29%	0%
Mount Washington	43%	0%
Nahant	40%	40%
Nantucket	44%	35%
Natick	29%	41%
Needham	28%	40%
New Ashford	22%	21%
New Bedford	37%	48%
New Braintree	29%	38%
New Marlborough	38%	50%
New Salem	25%	35%
Newbury	37%	42%
Newburyport	33%	43%
Newton	31%	46%
Norfolk	29%	21%
North Adams	30%	55%
North Andover	32%	46%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
North Attleborough	29%	35%
North Brookfield	25%	34%
North Reading	28%	38%
Northampton	29%	50%
Northborough	29%	40%
Northbridge	29%	42%
Northfield	26%	24%
Norton	26%	40%
Norwell	35%	51%
Norwood	28%	38%
Oak Bluffs	56%	24%
Oakham	26%	42%
Orange	35%	64%
Orleans	39%	73%
Otis	24%	42%
Oxford	30%	50%
Palmer	23%	56%
Paxton	27%	24%
Peabody	35%	54%
Pelham	29%	33%
Pembroke	26%	56%
Pepperell	32%	40%
Peru	30%	19%
Petersham	29%	42%
Phillipston	27%	44%
Pittsfield	32%	52%
Plainfield	38%	59%
Plainville	31%	26%
Plymouth	34%	51%
Plympton	27%	49%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Princeton	31%	35%
Provincetown	48%	64%
Quincy	39%	45%
Randolph	38%	52%
Raynham	33%	40%
Reading	30%	43%
Rehoboth	34%	29%
Revere	46%	53%
Richmond	30%	66%
Rochester	26%	13%
Rockland	34%	44%
Rockport	40%	39%
Rowe	25%	21%
Rowley	29%	41%
Royalston	22%	18%
Russell	25%	0%
Rutland	24%	35%
Salem	36%	50%
Salisbury	34%	53%
Sandisfield	31%	35%
Sandwich	38%	36%
Saugus	35%	44%
Savoy	41%	54%
Scituate	36%	47%
Seekonk	30%	43%
Sharon	28%	48%
Sheffield	41%	45%
Shelburne	21%	41%
Sherborn	44%	56%
Shirley	34%	34%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Shrewsbury	26%	40%
Shutesbury	37%	57%
Somerset	30%	38%
Somerville	36%	36%
South Hadley	33%	49%
Southampton	37%	31%
Southborough	31%	35%
Southbridge	34%	48%
Southwick	31%	47%
Spencer	23%	51%
Springfield	36%	61%
Sterling	30%	59%
Stockbridge	29%	50%
Stoneham	29%	44%
Stoughton	32%	52%
Stow	24%	49%
Sturbridge	32%	23%
Sudbury	30%	25%
Sunderland	31%	66%
Sutton	28%	21%
Swampscott	42%	54%
Swansea	30%	33%
Taunton	33%	49%
Templeton	22%	54%
Tewksbury	32%	48%
Tisbury	49%	56%
Tolland	26%	23%
Topsfield	33%	24%
Townsend	26%	50%
Truro	50%	26%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Tyngsborough	27%	32%
Tyringham	22%	13%
Upton	26%	54%
Uxbridge	28%	38%
Wakefield	31%	34%
Wales	36%	34%
Walpole	30%	50%
Waltham	33%	38%
Ware	40%	55%
Wareham	38%	39%
Warren	37%	27%
Warwick	32%	85%
Washington	28%	0%
Watertown	35%	38%
Wayland	31%	34%
Webster	38%	50%
Wellesley	36%	29%
Wellfleet	44%	72%
Wendell	40%	55%
Wenham	37%	44%
West Boylston	33%	39%
West Bridgewater	31%	45%
West Brookfield	28%	63%
West Newbury	27%	24%
West Springfield	33%	46%
West Stockbridge	33%	43%
West Tisbury	44%	59%
Westborough	29%	34%
Westfield	29%	45%
Westford	27%	42%

HOUSING COST BURDEN BY COMMUNITY

Table shows the percentage of renter-occupied households that are cost burdened (more than 30% of household income spent on housing)

Percentage of households that are cost burdened		
Community	Owner-occupied households	Renter-occupied households
Westhampton	31%	45%
Westminster	33%	23%
Weston	38%	38%
Westport	25%	60%
Westwood	35%	37%
Weymouth	34%	47%
Whately	36%	54%
Whitman	31%	45%
Wilbraham	27%	32%
Williamsburg	32%	63%
Williamstown	23%	44%
Wilmington	29%	48%
Winchendon	38%	45%
Winchester	34%	47%
Windsor	28%	100%
Winthrop	43%	51%
Woburn	28%	44%
Worcester	37%	51%
Worthington	30%	36%
Wrentham	33%	52%
Yarmouth	39%	47%